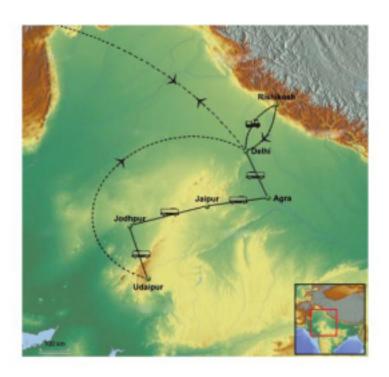
Yoga is a journey



"I am not this hair, I am not this skin, I am the soul that lives within" RUMI

yoga is a journey

Rejuvenate your body and cleanse your mind and soul with Yoga, the ancient Indian lifestyle system that through physical exercises and meditation techniques leads you towards holistic life. It's a journey which will provide you with an opportunity to soak in country's ancient historical, cultural and spiritual heritage along with providing you with a new perspective on life.



journey highlights

- Experience yoga like never before in the land where it was born
- Learn about the benefits of Nadi Shastra and Mindfulness in Jaipur
- Explore 8 UNESCO World Heritage Sites during your journey
- Stroll through the local bazaars of Udaipur and Jaipur

15-day journey - prices in USD

Per guest on double sharing basis

10-14 guests - \$ 3705 Group departs on 27th February '18 from USA

15-16 guests - \$ 3510 Contact us for detailed journey & inclusions

Single guest supplement - \$ 1610 Price includes travel on full board

Ask us for extensions to other regions such as Dubai, Sri Lanka, Tibet, Bhutan, Nepal and Myanmar

sketch itinerary

Day One Arrive in Delhi Hotel: Pride Plaza - Standard room

Day Two Delhi - Udaipur Hotel: Trident - Deluxe Garden View room

Enjoy picturesque sunset boat cruise on Lake Pichola

Day Three Udaipur Hotel: Fatebgarb - Renaissance room

Try your hand at Indian cuisine with Noble family before dinner

Day Four Udaipur - Jodhpur

Feel eternity at the 600-year-old sacred tree at the Jain temples

Wander through the lanes of charming old city bazaars

Day Five Jodhpur

Know the joys and hardships of the people of

Bishnoi tribe - the first environment conservationists

Day Six Jodhpur - Jaipur Hotel: Savista Retreat - Standard room

Learn about your future through Nadi Shastra

Stroll through the lanes of the colourful bazaars of Jaipur

Day Seven Jaipur

Peel the layers of Jaipur's history during your guided tour

Come alive to past Amber Fort and the City Palace

Connect with your inner self-during mindful meditation

Day Eight Jaipur - Agra Hotel: Courtyard by Mariott - Standard room

Walk around Mehtab Bagh as the sun sets against

the backdrop of the Taj Mahal

Day Nine Agra - Delhi Hotel: The Surya - Standard room

At dawn get mesmerized by the sublime beauty of the Taj

Meet with an Ayurveda doctor to gain insight on its benefits

Day Ten Delhi

At the crack of dawn, experience the local flower market

Enjoy an exhilarating rickshaw ride in old quarters of Delhi

Experience deep spirituality at the Sikh Temple

Day Eleven Delhi - Rishikesh Hotel: Atali Ganga - Standard Room

to Thirteen « Explore the lanes of Rishikesh and Haridwar

Feel the magnificence as Mother Ganges is put to sleep during the aarti

View the scenic beauty of Rishikesh on a short trek

Day Fourteen Rishikesh - Delhi

Fly to Delhi to connect to your international flight



Dear Traveler,

Ask yourself this question: what do you expect from your travel?

The answer, if you delve within the deep reaches of your heart, will astound you. Yes, at the most superficial level, it might be business, to see places, a holiday or to meet relatives, but within the farthest corners of our being, it is to satisfy the innermost cravings that makes us human beings, to gather new experiences, to enrich our lives.

That's exactly what you get when choose us as your travel partner - a pro-actively managed company, which, while taking care of all your travel needs endeavours to go beyond to live up to its motto 'Travel as You are.'

Khaver Ali Khan



103 . First Floor . F & G Market . Sarita Vihar . New Delhi . 110076 t/. (+91) 11-41050391 / 90 / 92

e/. anwar@secretsofindia.in . w/. www.secretsofindia.in